



REBOOT TO LIFE PROGRAM- JANUARY

Counselling Skills Training

through co-counselling methodology and positive psychology tools

Reboot to Life- Counselling Skills Training through co-counselling methodology and positive psychology tools is a unique weekend program for psychology students that is designed and conducted by a comprehensive team at Reboot comprising leading psychology professionals.

This extensive program aims to bridge the gap between the theories of counselling psychology and application of tools and therapies of psychology and counselling skills through co-counselling methodology and positive psychology tools.

Co-counselling is an experiential method to understand and undergo the process of counselling as a counsellor under the supervision of practicing professionals. It's a grassroots method of peer-to-peer counselling; in turn taking the roles of counsellor and client, with equal amounts of time allocated to each

The two day weekend program will give access to the following topics to the participants

- The relationship between client and counsellor
- Listening skills
- Questioning Skills
- Observational Skills
- The Counselling Process and it's ethics
- Positive Psychology and it's tools
- Application of Positive Psychology in preventive mental health care

**Certificate will be awarded upon successful completion. T&C Apply.*

Dates: 5th - 6th January, 2019
Days held: Saturday and Sunday
Timing: 11 am - 5 pm
Fee: Rs. 7000/- (Including of GST)
Venue: Reboot Wellness, Gurgaon

Only 15 slots available, block you seat by using the below details:

Sign up by paying INR 7000.

- Buddy discount @5%
- Group discount (4 or more) @15%

Below are the details for making the payment. Please take the screenshot once the payment is done.

Registrations will be closed after December 28th, 2018.

Paytm at 8800-895659

Or

NEFT/Bank Transfer

Name of the Bank: HDFC Bank Ltd.
Name- Reboot Wellness
Account NO.: 50200024915451
Account Type: Current Account
IFSC Code: HDFC0001203
Branch: Gurgaon MG Road

You may call at the reception @ 0124-456-9-456 for further queries

Terms and conditions:

- Participants can bring along a guest for Rs. 750 per workshop.
- Smoking and alcohol consumption is not allowed on the premises
- Reboot reserves the right to cancel any event without prior notice
- Recording of the events is strictly prohibited
- Breach of any of these Rules and Regulations or any unacceptable behavior likely to cause damage, nuisance or injury shall entitle Reboot to request you to leave from the venue.

