



REBOOT TO LIFE PROGRAM- JANUARY

Counselling Skills Training Co-counselling Methodology and Positive Psychology Tools

The program offers psychology students an opportunity to participate and understand the application of various therapies and practical knowledge of counselling skills, first hand learning from industry professionals, and also experience the one-of-the-kind concept that Reboot provides.

The program is supported by co-counselling methodology and tools of positive psychology.

Co-counselling is an experiential method to understand and undergo the process of counselling as a counsellor under the supervision of practicing professionals. It's a grassroots method of peer-to-peer counselling; in turn taking the roles of counsellor and client, with equal amounts of time allocated to each

Our 4th Student Engagement Program will give access to the following topics to the participants

1. The relationship between client and counsellor
2. Listening skills
3. Questioning Skills
4. Observational Skills
5. The Counselling Process and it's ethics
6. Positive Psychology and it's tools
7. Application of Positive Psychology in preventive mental health care

Certificate will be awarded upon successful completion. T&C Apply.

Dates: 5th - 6th January, 2019

Days held: Saturday and Sunday

Timing: 11 am - 5 pm

Fee: Rs. 7000/- (Including of GST)

Venue: Reboot Wellness, Gurgaon

Only 15 slots available, block you seat by using the below details:

Sign up by paying INR 7000.

- Buddy discount @5%
- Group discount (4 or more) @15%

Below are the details for making the payment. Please take the screenshot once the payment is done. Registrations will be closed after December 28th, 2018.

Paytm at 8800-895659

Or

NEFT/Bank Transfer

Name of the Bank: HDFC Bank Ltd.

Name- Reboot Wellness

Account NO.: 50200024915451

Account Type: Current Account

IFSC Code: HDFC0001203

Branch: Gurgaon MG Road

www.reboot-wellness.com

REBOOT
wellness

You may call at the reception @ 0124-456-9-456 for further queries

Terms and conditions:

- Smoking and alcohol consumption is not allowed on the premises
- Reboot reserves the right to cancel any event without prior notice
- Recording of the events is strictly prohibited
- Breach of any of these Rules and Regulations or any unacceptable behaviour likely to cause damage, nuisance or injury shall entitle Reboot to request you to leave from the venue.